

Bone Up! S-t-r-e-t-c-h your mind!

***EXCITING ACADEMIC COURSE OFFERING

PHYED 205 SPORTS MEDICINE

Open to all students, First year students encouraged, No prerequisite

This course combines the study of human anatomy, kinesiology and biomechanics. The focus of this course is on the evaluation, treatment and rehabilitation of sports-related injuries. On-site labs provide a clinical setting for hands-on learning such as interpreting findings on x-rays, applying protective strapping to injured joints and developing protocols for post-injury rehabilitation. Students will also be introduced to cadaver dissection labs at Harvard Medical School.

Sports Medicine is a broad and rapidly growing discipline. Today there are numerous sports medicine clinics staffed by physicians, physical therapists, exercise physiologists, kinesiologists and athletic trainers. Anyone who is interested in an active lifestyle or who is pursuing a health professions career **should consider enrolling in this course!**

E-mail Connie Bauman for further details.

Course: PE 205

LECTURES: M/Th 8:30-9:40 am **LABS:** Fri. 12:30-2:40 pm

This is an academically accredited course that does not satisfy any distribution requirements.

Instructor: Connie Bauman, Associate Professor of Physical Education, LATC
LAB Instructors: Jennifer Grunzweig, LATC; Kristen Wilson, LATC